female authors belong to a proud tradition by virtue of their participation in this transformation

the veins of all organs into the abdomen discharge the venous blood to the liver

historically, we have learned that everything is toxic; it is only the dose that separates the toxic from the non-toxic

heartburn is worse at night and when lying down flat, so raising the top of the mattress by 6 to 9 inches can place you on a slight incline, helping hold strain off the highest of the stomach and les